



Atlas Ergonomics Transportation Services

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Why you and your drivers need the Atlas approach

Of all occupations in the private sector, commercial drivers are the most vulnerable to death or injury.

Of course, that makes employers' bottom lines more vulnerable, too.

Workers in the trucking industry experience more fatalities than any other occupation, accounting for an astonishing 12% of all worker deaths.

Seven out of 100 industry employees experience work-related injuries and illness, with the average back injury costing an employer \$84,000 to \$168,000 (direct and indirect costs).

Annualized driver turnover averages over 100%, negatively affecting costs and crash rates.

The industry urgently needs to reduce the risks of accidents, injuries, and constant turnover. Fortunately, Atlas has an answer.

Sitting on the solution.

Odds are, you've already invested in ergonomic seating. The next step is unlocking its full potential--to reduce discomfort and fatigue, and to keep your drivers safe and satisfied.

Atlas unlocks that potential with proven, patent-pending technology. In stark contrast to a "training only" approach, the Atlas approach is measurable and sustainable, offering a clear Return on Investment.

This unique system starts with coaching drivers to avoid discomfort. Then it goes much further, to:

- ▲ Label and number the individual adjustments (seat height and depth, pan tilt, steering wheel depth, mirror angle etc.).
- ▲ Tailor trucks to individual drivers' needs.
- ▲ Monitor driver discomfort on an ongoing basis, measuring progress and identifying drivers with higher risk.
- ▲ Provide on-site assistance to propose further changes within the cab, and to prescreen complaints prior to medical intervention.

Proven results

Within one to three months of implementing the Atlas system, employers have seen driver-reported discomfort drop by over 70%, reducing potential injuries inside and outside the cab. More than 90% of all drivers reported reduced fatigue and improved awareness, productivity, and job satisfaction.

Nationwide support

Besides being easy, sustainable and measurable, the Atlas system is supported by a network of medically trained professionals who can help your drivers nationwide. They can also assist your company in pre-hiring assessment, rehabilitation, and related services.

To learn more about how Atlas can help your company protect its people, and get real value from existing ergonomic investments, visit www.atlasergo.com, call (616) 844-6322 or e-mail jlansman@atlasergo.com.



Supporting your investment in people . . .

Uniquely diverse experience for uniquely effective results

The Atlas leadership team brings a unique skill set to ergonomic assessment and evaluation. With our unique experience, we can synthesize problems and find the most cost-effective solutions for our customers.

Drew Bossen, PT, MBA

27 years of experience working with injured workers
Director of Ergonomics, Rockwell Collins; 1999-present
Expertise in clinical application and systems thinking

Jim Landsman, BSME, MBA

20 years of experience in general business management
Expertise in data analysis, measurement, and systems design

Sherman Robbins, BS

30 years of experience in product development
Previously VP of Product Development at Steelcase Inc.
Expertise in product features, product marking systems, and resource channels

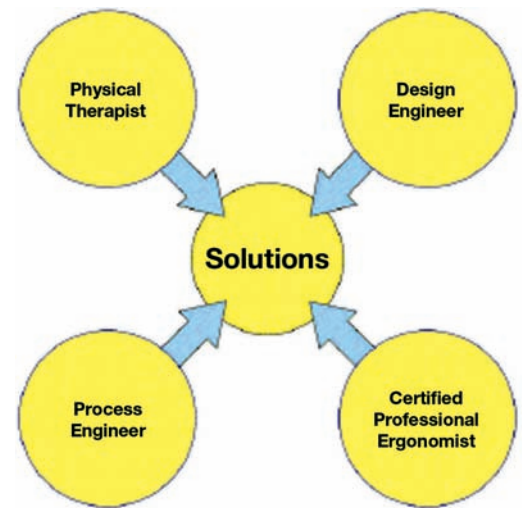
David Brodie, MS, CPE

13 years of experience in ergonomic consulting
Expertise in ergonomic program development, hazard analysis techniques and control measures.
Notable strength in situational analysis and solution development.

A national network

With unique, nationwide access to more than **1200** service providers (Physical Therapists, Occupational Therapists and Certified Professional Ergonomists) Atlas can support your employees in far-flung locations, saving your company money and time.

Depending on your needs, Atlas can coordinate services for one individual in one location, or for thousands located across the country. Either way, all you have to do is make a phone call.



Supporting your investment in people...

Services tailored to your drivers' and company's needs

Atlas provides a full range of services to help keep commercial drivers healthy, productive and safe.

To help you avoid unnecessary expense, Atlas can provide turnkey support, or train your personnel to implement all or some services. In other words, we tailor our system to your needs.

Our services include:

Classroom and video training specifically created for drivers, to help them avoid risks and injury.

Cab marking (e.g. seat height, steering wheel depth, mirror angle, etc.) used in conjunction with training and fitting to create a simple, in-cab visual guide. This helps the driver learn to make needed adjustments quickly and efficiently.

A tailored fit for each driver, with specific settings based on his/her unique size, frame, and risks, to reduce pain and discomfort

A customized, printed and laminated fit guide containing easy adjustment information each driver can use in any truck in your fleet.

Monitoring of discomfort to measure the results of the program and identify higher-risk drivers before injuries occurs.

Onsite support to help drivers with discomfort and to prescreen issues before medical intervention.

Additional services:

Through our nationwide network, Atlas can coordinate other services for your organization, including:

Essential Function Profiles of each job, analyzing all physical requirements.

Post-Offer, Pre-Employment Testing (ADA-approved) by trained therapists to determine if applicants can safely meet the Essential Function Profile of their jobs.

Functional Capacity Evaluations to determine physical capabilities after injury and therapy.

Injury Rehabilitation, including Physical and Occupational Therapy.

To learn more about how Atlas can help your company protect its people, and get real value from existing ergonomic investments, visit www.atlasergo.com, call (616) 844-6322 or e-mail jlandsman@atlasergo.com.



Train drivers



Cab marking

<small>Copyright Atlas Ergonomics, LLC 10311 Farout Park Drive Grand Haven, MI 49431 www.atlasergo.com, Fittest Funding</small>		<small>Proper adjustments improve comfort, avoid injuries, reduce fatigue, and helps maintain the big picture!</small>		
Driver:		ID No:		
Date Fit:	What do I need to change?	How do I change the setting?	Where do I look for the setting?	
Fit By (Initials):			Highways Setting City Setting	
Standing Adjustment	Seat Back Angle			
	Seat Cushion Anterior Tilt			
	Seat Depth			
	Seat Slide			
	Seat Height			
Seated Adjustment	Seat Cushion Posterior			
	Seat Oscillator			
	Arm Rest Height		None	See the back
	Lumbar Support			See the back
	Steering Wheel Depth			
	Steering Wheel Tilt		None	See the back
Mirror Adjustment	<small>Finally, once you have correctly positioned yourself in your cab, it is essential that you adjust your mirrors to the correct position.</small>			

Driver fitting



Supporting your investment in people . . .

Case Study: In The Cab

A hard road

One of the nation's largest over-the-road carriers was concerned about driver discomfort and its effects on injuries, fatigue, and turnover. Atlas partnered with the carrier to assess the situation and surveyed drivers in three cities.

In the initial benchmark survey, 85% of drivers reported discomfort. More than 50% of the driver population reported the "Big Three" – low back, neck and shoulder pain. Reported rates of other joint pain and eyestrain ranged between 20-30% of the population.

Perhaps more significantly, half of the drivers reported that discomfort affected their fatigue level, productivity, and job satisfaction. Drivers were also concerned that their symptoms negatively affected their road safety.

Secrets in the driver's seat.

Atlas analyzed each driver's needs for seat and steering column position. We marked each truck to make adjustments easy, by applying our proven and easy-to-read labeling system to each truck. We fit trucks to individual drivers, and gave all drivers user-friendly, individualized guides to their unique, tailored cab settings.

Atlas also provided training to the drivers, focused on how specific cab adjustments could improve health, safety and productivity. One month later, we conducted a follow-up survey.

Solutions, safety and savings

After one month, reports of driver discomfort fell by more than three quarters—from 85% of drivers to only 20%. Specific complaints of the "Big Three" (low back, neck and shoulder pain) declined by 70% or more. Furthermore, the survey showed:

- ▲ 65% of the drivers reported a moderate to high impact on job satisfaction and productivity
- ▲ 70% of the drivers reported a moderate to high impact on reducing fatigue
- ▲ 84% of the drivers reported a moderate to high impact on their ability to drive safely

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"Prior to using the marking system I was taking 2-4 Ibuprofens several times per day for back and neck pain. Over the past month I have only needed the medicine once or twice. The marking system has exceeded my expectations. I was skeptical coming in and now I am a believer."

- Stuart, Driver Training Engineer (6 years), Des Moines



Atlas @ Work™

Service / Access / Outcomes

Some workplace injuries are inevitable. The key is in how you, the employer, respond. **Atlas @ Work™** is a specialized service developed for employers by Atlas Ergonomics. It is based on three basic tenets: (1) the highest quality of service for our customers (2) access to care and (3) substantiated outcomes. The program provides a full range of on-site rehabilitation services designed to help contain and reduce skyrocketing Workers' Compensation Insurance costs with:

Injury prevention programs

- Functional job descriptions
- Pre-placement screening
- Employee education and training
- Ergonomic assessment
- Risk analysis

Injury intervention services

- Injury triage
- Acute intervention treatment
- Functional capacity evaluations
- Work conditioning

Return-to-Work transitioning

- Ensures employees return to work as quickly as possible without risking relapse or re-injury.

Atlas @ Work™ services are comprehensive, flexible and completely customized to fit the needs of client companies. All services are delivered by physical and occupational therapists specializing in the care of the injured worker. This professional depth, coupled with a strong multidisciplinary treatment philosophy, gives **Atlas @ Work™** an advantage in resolving the most difficult cases.

Critical to the entire process is speeding the flow of information between parties. We have found that a timely flow of information can change the very nature of an interaction between an employer and an injured worker; from one of rigid formality to one of active cooperation and effective collaboration. Our approach is unique but simple: we take full advantage of our extensive resources and combine them with an understanding of business needs and a commitment to serve you.

Thus we have the ability to:

- Improve the cost efficiency of providing a service
- Increase the speed and quality of decision-making and communication
- Increase service consistency and reliability
- Increase the timeliness and accuracy of information
- Decrease the internal cost of services for your organization



Supporting your investment in people ...

April 6, 2005

To Whom It May Concern:

For many employees, loss prevention can be a distant, abstract idea. While we continually discuss fleet safety with our associates, rarely do we come upon a program that has gained such strong grass roots support and the ability to touch every single driver personally.

The Atlas Ergonomics system helps to reduce muscular stress, especially within an individuals neck, back, and shoulder. Lower discomfort has lead to less fatigue and a higher level of job satisfaction. Unsolicited feedback from drivers has confirmed the value of the system, and has reinforced to them that we care about each individual, which improves a driver's attitude and our retention rate.

Driver trainer feedback has also confirmed that the Atlas system should be an essential training piece for all new drivers. New drivers are correctly and consistently positioned within the cab, regardless of which truck they drive. It is believed that the reduction in variation, combined with less discomfort and fatigue should lead to fewer accidents. Many drivers have stated that they wished this system was available when they learned how to drive, helping the learning process be more effective and make becoming a driver more enjoyable.

The Atlas system is simple and affordable, however technology does not need to be complex and expensive to be effective. This is a relatively low cost technology with a potentially high rate of return, both financially and through driver satisfaction.

The Atlas system ultimately provides a simple tool that will help your drivers perform better, and help your company minimize the losses that come from injuries and their associated costs. With Atlas, our focus on safety and loss prevention is clearly personal.

Sincerely,



Paul Wedyck
Director of Loss Prevention
Schneider National, Inc.

April 18, 2005

To Whom It May Concern:

All of us in the trucking industry want to protect our fleets. We all want to take advantage of new technologies that can truly make a difference.

Schneider National has discovered a new, measurable, and surprisingly simple way to improve fleet safety. For the last year, Schneider has been working closely with Atlas Ergonomics on a program that improves driver comfort, leading to reduced injuries, enhanced situational awareness, improved driver retention, and stronger safety performance.

The Atlas method, which shows drivers how to effectively use the seat and steering column adjustability currently available to them, is affordable, simple, and effective. It has provided Schneider a significant and measurable reduction in driver discomfort, and our associates have reported reduced fatigue and improved job satisfaction. Possibly more important, it helps demonstrate a true safety culture and proves that we have drivers' best interests at heart.

The benefits to Schneider and other truckload carriers are clear to me. However, I believe that Atlas may offer LTL carriers even greater benefits. The system is ideally suited to support slip-seat operations or dedicated routes, where multiple drivers use the same truck.

We have an obligation as transportation professionals to operate safely. I'm confident programs like Atlas' system will improve the overall safety of our fleets. Additionally, to retain our professional drivers, we need to improve the driving experience. The Atlas system helps us do both. I strongly encourage you to learn more the Atlas approach at your earliest opportunity.

Sincerely,



Don Osterberg
Schneider National
Vice President, Safety and Driver Training



NEWS RELEASE

TRUCK ERGONOMICS PROVIDES BOTTOM LINE RESULTS

Green Bay, Wis. and Grand Haven, Mich.—March 20, 2006—Similar to other “Best in Class” organizations, Schneider National Inc. measures performance throughout its organization. In 2005, those measurements put the spotlight on an unexpected group: Schneider’s safety and loss prevention team. This team had a significant impact on the company’s bottom-line improvement, helping to reduce workers’ compensation costs by more than 9 percent.

The improvement was gained through initiatives that addressed both accidents and the risk of injury. The injury reduction strategy utilized Atlas Ergonomics’ transportation system, which eliminates the stress and discomforts of driving, reduces in-cab injuries, reduces back injuries outside of the cab, and lessens fatigue. Within six months of implementation, the percentage of drivers reporting discomfort dropped by more than 47%.

Surprisingly, these noteworthy improvements were accomplished without changes to the cabs, because Atlas helps drivers use the ergonomic adjustments already available to them more effectively. The Atlas system then measures remaining discomfort, identifies specific drivers who require special attention, and recommends appropriate actions.

“At Schneider, Safety First and Always is our primary core value,” said Don Osterberg, vice president of safety. “We moved forward with the Atlas system to keep our drivers safer and more comfortable. The Atlas Seat Marking System provides an opportunity for our drivers to use the full value of their seat whereby, drivers feel better, perform better, and are less fatigued.” We knew we had succeeded when we saw 114 fewer lost time injuries. Osterberg explained further, “At the start of the program, our objective was simply to help our drivers and the financial impact was less clear. Now after six months, we are confident that we have seen a favorable return on our investment.

“We are certainly very pleased with Schneider’s results so far,” said Drew Bossen, executive vice president of Atlas Ergonomics. “We believe, however, much more can be accomplished. We now have over 15,000 driver surveys, which provide invaluable data telling us where driver discomfort occurs and why. We are now using that data to identify root cause issues and define solutions to further improve performance.”

Bossen reflected, “Historically the term ‘ergonomics’ has been unfortunately associated with burdensome legislation and never-ending training. At Atlas, we care for the health of the worker and also focus on providing our clients a measurable return on investment. By balancing both needs, we can provide a sustainable solution that can be embraced by all stakeholders.”

About Schneider National Inc.

Schneider National Inc. is a premier provider of transportation, logistics and related services. Schneider National serves more than two-thirds of the FORTUNE 500® companies, offering the broadest portfolio of services in the industry. Schneider National’s transportation solutions include: One-Way Van, Dedicated, Expedited, Intermodal, Brokerage, Bulk and Specialized. Schneider Logistics, a wholly-owned subsidiary of Schneider National, provides supply chain management technology, managed services, engineering services and freight payment.

Headquartered in Green Bay, Wis., Schneider National has a 70-year track record of providing expert transportation and logistics solutions. For more information about Schneider National and employment opportunities, visit www.schneider.com or call (800) 558-6767.

About Atlas Ergonomics, LLC

Atlas Ergonomics, LLC is a leading ergonomic service and technology provider, helping customers reduce the spiraling costs of work related injuries within industrial, office, and commercial driver environments. Atlas guides clients to financially evaluate and define the appropriate strategy, and offers services that are uniquely simple, measurable, and cost effective. Atlas Ergonomics provides turnkey support through a nationwide network of providers or can assist corporate resources with the necessary training and technology. Atlas Ergonomics is located in Grand Haven, Michigan, and additional information can be found at www.atlasergo.com.